

PMEX UPDATE

BUY	
	CRUDE10-AP25
68.17	1.19%
Expiry	19/Mar/25
Remaining	1 Days
Entry	67.85 - 67.95
Stoploss	67.35
Take Profit	68.3 - 68.5

SELL	
	NGAS1K-AP25
3.9990	-0.47%
Expiry	26/Mar/25
Remaining	8 Days
Entry	3.952 - 3.945
Stoploss	4.01
Take Profit	3.898 - 3.882

BUY	
	GO10Z-AP25
3,035.65	0.98%
Expiry	27/Mar/25
Remaining	9 Days
Entry	3034 - 3035
Stoploss	3024.25
Take Profit	3040 - 3045

BUY	
	SL10-MY25
34.75	1.29%
Expiry	28/Apr/25
Remaining	41 Days
Entry	34.402 - 34.457
Stoploss	34.20
Take Profit	34.604 - 34.664

BUY	
	PLATINUM5-AP25
1,028.65	0.21%
Expiry	27/Mar/25
Remaining	9 Days
Entry	1018 - 1019
Stoploss	1012.71
Take Profit	1030 - 1035

BUY	
	COPPER-MY25
4.9733	0.29%
Expiry	28/Apr/25
Remaining	41 Days
Entry	4.9084 - 4.9186
Stoploss	4.88
Take Profit	4.9364 - 4.9474

SELL	
	ICOTTON-MY25
66.69	-0.43%
Expiry	22/Apr/25
Remaining	35 Days
Entry	66.42 - 66.38
Stoploss	66.61
Take Profit	65.95 - 65.8

BUY	
	DJ-MA24
41,757	-0.23%
Expiry	20/Mar/25
Remaining	2 Days
Entry	41885 - 41929
Stoploss	41751.49
Take Profit	42086 - 42168

BUY	
	SP500-MA24
5,658	-0.28%
Expiry	20/Mar/25
Remaining	2 Days
Entry	5680 - 5685
Stoploss	5661.63
Take Profit	5703 - 5721

BUY	
	NSDQ100-MA24
19,726	-0.40%
Expiry	20/Mar/25
Remaining	2 Days
Entry	19855 - 19876
Stoploss	19771.99
Take Profit	19997 - 20059

BUY	
	GOLDUSDJPY-AP25
149.66	0.30%
Expiry	27/Mar/25
Remaining	9 Days
Entry	148.91 - 148.97
Stoploss	148.57
Take Profit	149.15 - 149.27

BUY	
	GOLDEURUSD-AP25
1.0931	0.08%
Expiry	27/Mar/25
Remaining	9 Days
Entry	1.0891 - 1.0894
Stoploss	1.09
Take Profit	1.0912 - 1.0919

Major Headlines

Oil up 1% on Mideast risks, China stimulus US stock futures steady ahead of Fed meeting EUR/USD to consolidate around current levels in the near

Oil prices rose more than 1% on Tuesday to their highest levels since the beginning of the month, supported by instability in the Middle East and China's plans for more economic stimulus. Brent futures climbed 84 cents, or 1.2%, to \$71.91 a barrel by 0911 GMT, while U.S. West Texas Intermediate crude futures also rose 84 cents, 1.2%, to \$68.42. Oil prices gained support from President Donald Trump's vow to continue [see more...](#)

U.S. stock index futures stabilized Tuesday, amid cautious trading ahead of this week's Federal Reserve meeting. At 05:45 ET (09:45 GMT), Dow Jones Futures rose 19 points, or 0.1%, while S&P 500 Futures traded largely flat, and Nasdaq 100 Futures dropped 25 points, or 0.1%. Wall Street indexes closed higher on Monday, extending their recent rebound into a second session amid bargain buying [see more...](#)

Today, focus turns to the important vote in the German Bundestag where a 2/3 majority is needed to pass a range of fiscal measures including a reform of the constitutional enshrined debt brake. While not our base case, failing to secure the necessary 2/3 majority would trigger a broad EUR-weakening. More broadly, we expect EUR/USD to consolidate around current levels in the near term [see more...](#)

Gold extends historic rally as investors seek cover from tariff

USD/JPY: Major resistance at 150.30 is likely out of reach

Forex Today: Gold renews record-high above \$3,000

Gold scaled an all-time peak on Tuesday, extending its historic run above the \$3,000 mark as global uncertainties exacerbated by rising trade tensions kept investors hooked on the popular safe-haven asset. Spot gold rose 0.6% to \$3,017.84 an ounce as of 0715 GMT after hitting a record high of \$3,018.66. [see more...](#)

Yesterday, we expected USD to 'trade in a range between 147.80 and 149.20.' USD then traded in a narrower range of 148.38/149.28, closing on a firm note at 149.21 (+0.40%). The price movements have resulted in an increase in momentum, and we expect USD to rise today. However, the major resistance at 150.30 is likely out of reach for now [see more...](#)

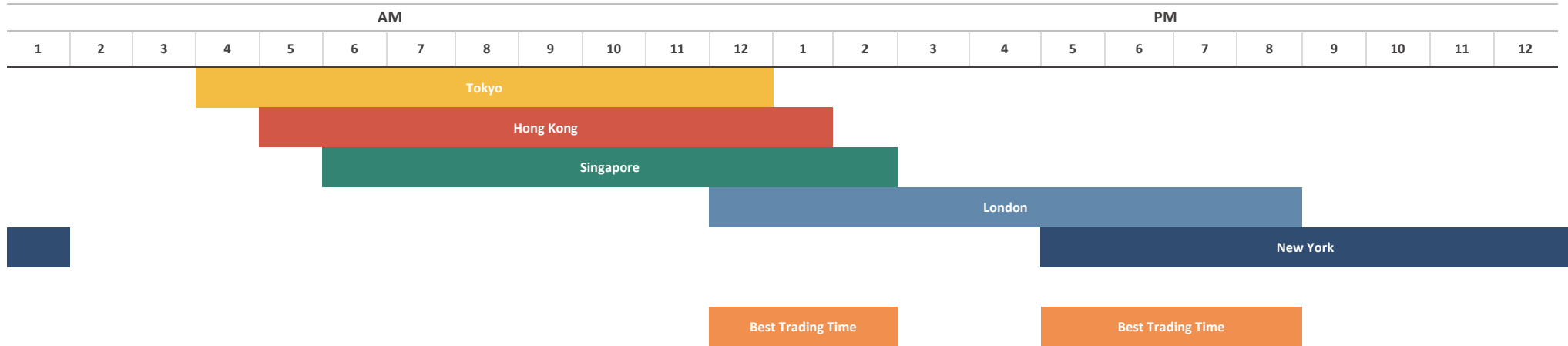
Gold benefits from escalating geopolitical tensions and trades at a new record-high above \$3,000 early Tuesday. The European economic calendar will feature Economic Sentiment data from Germany and Euro area Trade Balance readings. In the second half of the day, Industrial Production and housing data from the US, alongside February inflation figures from Canada will be watched closely by market participants. [see more...](#)

Economic Calendar

Event	Dates	Time	Currency	Importance	Actual	Forecast	Previous
BoJ Interest Rate Decision	19-Mar-25	8:00 AM	JPY	High volatility		0.50%	0.50%
CPI (YoY) (Feb)	19-Mar-25	3:00 PM	EUR	High volatility		2.40%	2.50%
Crude Oil Inventories	19-Mar-25	6:30 PM	USD	High volatility			1.448M
FOMC Economic Projections	19-Mar-25	11:00 PM	USD	High volatility			
FOMC Statement	19-Mar-25	11:00 PM	USD	High volatility			
Fed Interest Rate Decision	19-Mar-25	11:00 PM	USD	High volatility		4.50%	4.50%
FOMC Press Conference	19-Mar-25	11:30 PM	USD	High volatility			

FOREX MARKETS' STATISTICS

Forex Market Hours

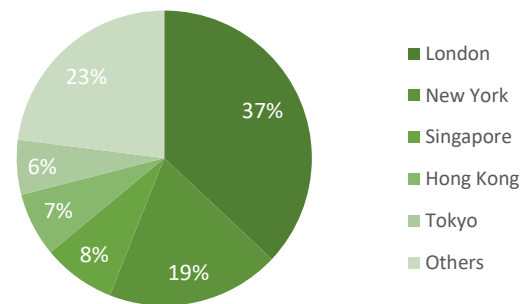


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

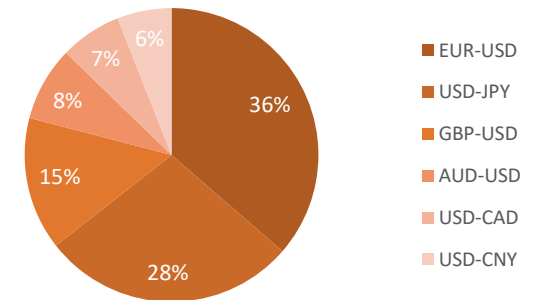
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 279.85
- JPY/PKR: 1.89

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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