




# PMEX UPDATE


BUY	
	<b>CRUDE10-JU25</b>
62.91	-1.19%
Expiry	19/May/25
Remaining	5 Days
Entry	63.6 - 63.7
Stoploss	63.08
Take Profit	64.12 - 64.32


SELL	
	<b>NGAS1K-JU25</b>
3.5770	-1.92%
Expiry	27/May/25
Remaining	13 Days
Entry	3.527 - 3.522
Stoploss	3.57
Take Profit	3.489 - 3.477

SELL	
	<b>GO10Z-JU25</b>
3,223.40	-0.75%
Expiry	28/May/25
Remaining	14 Days
Entry	3234 - 3232
Stoploss	3248.50
Take Profit	3225 - 3219


BUY	
	<b>SL10-JY25</b>
33.06	-0.11%
Expiry	26/Jun/25
Remaining	43 Days
Entry	33.222 - 33.272
Stoploss	32.96
Take Profit	33.433 - 33.508


BUY	
	<b>PLATINUM5-JY25</b>
997.25	0.51%
Expiry	25/Jun/25
Remaining	42 Days
Entry	990 - 991
Stoploss	984.56
Take Profit	995 - 999


BUY	
	<b>COPPER-JY25</b>
4.7055	-0.37%
Expiry	26/Jun/25
Remaining	43 Days
Entry	4.7302 - 4.7388
Stoploss	4.67
Take Profit	4.7647 - 4.7868


SELL	
	<b>ICOTTON-JY25</b>
66.16	-0.18%
Expiry	20/Jun/25
Remaining	37 Days
Entry	66.35 - 66.31
Stoploss	66.55
Take Profit	66.02 - 65.84

BUY	
	<b>DJ-JU24</b>
42,241	0.03%
Expiry	19/Jun/25
Remaining	36 Days
Entry	42025 - 42087
Stoploss	41767.00
Take Profit	42189 - 42317

BUY	
	<b>SP500-JU24</b>
5,916	0.19%
Expiry	19/Jun/25
Remaining	36 Days
Entry	5856 - 5863
Stoploss	5815.23
Take Profit	5880 - 5890

BUY	
	<b>NSDQ100-JU24</b>
21,344	0.31%
Expiry	19/Jun/25
Remaining	36 Days
Entry	21038 - 21086
Stoploss	20903.91
Take Profit	21189 - 21251

BUY	
	<b>GOLDUSDJPY-JU25</b>
146.27	-0.83%
Expiry	28/May/25
Remaining	14 Days
Entry	146.15 - 146.19
Stoploss	145.77
Take Profit	146.67 - 146.81

BUY	
	<b>GOLDEURUSD-JU25</b>
1.1214	0.26%
Expiry	28/May/25
Remaining	14 Days
Entry	1.1228 - 1.1232
Stoploss	1.120
Take Profit	1.1251 - 1.1263

Major Headline

Oil falls as traders note jump in US crude stockpiles S&P 500, Nasdaq end higher on soft inflation data EUR/USD extends recovery as soft US inflation data keeps US

Oil prices fell on Wednesday as traders eyed a potential jump in U.S. crude inventories, awaiting official weekly data later in the day and OPEC’s monthly oil report. Brent crude futures fell 64 cents, or around 1%, to \$65.99 a barrel by 0934 GMT. U.S. West Texas Intermediate (WTI) crude slipped 64 cents, or 1%, to \$63.03. "Definitely, the crude build in the API numbers was not of help. That said, the API report also contained supportive elements such as large refined product draws. [see more...](#)

Gold Prices Drop as Geopolitical Tensions Ease Amid US-China XAU/USD rose slightly during the Asian and early European trading sessions. Today, traders should focus on the US Inflation Rate report at 12:30 p.m. UTC. The data may affect interest rate expectations and investor sentiment, increasing volatility in the Forex market, including XAU/USD. Key levels to watch are support at \$3,195 and resistance at \$3,265.[see more...](#)

The S&P 500 and the Nasdaq closed higher on Tuesday for a second straight day after softer-than-expected inflation numbers added to investor optimism from Monday when the U.S. and China announced a trade truce. The Dow fell, however, with its biggest drag a 17.8% slide in shares of UnitedHealth after the insurance bellwether suspended its annual forecast and its CEO stepped down. The S&P 500 closed with a year-to-date gain for the first time [see more...](#) USD/JPY plummets below 146.00 as soft US CPI data batters The USD/JPY pair plunges to near 145.80 during European trading hours on Wednesday. The pair faces a sharp sell-off as the US Dollar (USD) has been hit hard by the soft United States (US) Consumer Price Index (CPI) data for April. The US Dollar Index (DXY), which tracks the Greenback’s value against six major currencies, extends its correction from the monthly high of 102.00 to near 100.50. [see more...](#)

EUR/USD moves higher to near 1.1250 during European trading hours on Wednesday, extending Tuesday’s gains. The major currency pair has attracted significant bids at the expense of the US Dollar (USD), with the US Dollar Index (DXY) – which gauges the Greenback’s value against six major currencies – extending its retracement from the monthly high of 102.00 to around 100.50. The Greenback suffers as United States (US) President Donald Trump criticized [see more...](#) Dollar Struggles to Maintain Its Recent Gains The US dollar is slightly on the back foot again today, having surrendered a decent portion of its Monday gains, as markets try to find their footing after the US-China deal. However, the euphoria following the trade agreement has pushed equities higher, with both the S&P 500 and Nasdaq 100 indices turning positive in 2025. Interestingly, volatility across major assets has eased aggressively this week. [see more...](#)

Economic Calendar

Event	Date	Time	Currency	Importance	Actual	Forecast	Previous
Crude Oil Inventories	14-May-25	7:30 PM	USD	High volatility		-2.000M	-2.032M

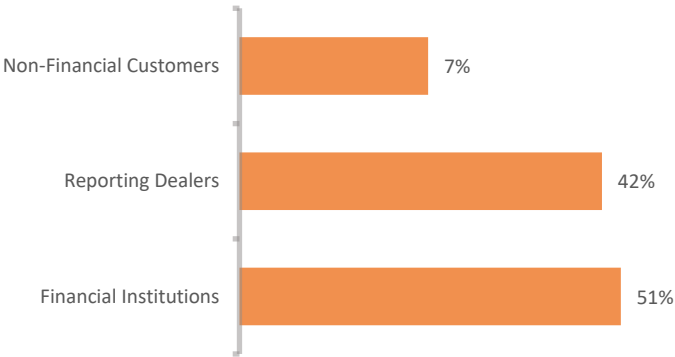
# FOREX MARKETS' STATISTICS

Forex Market Hours

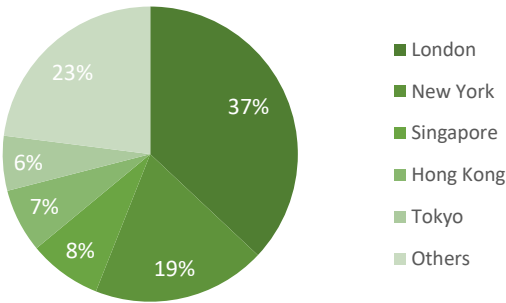


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

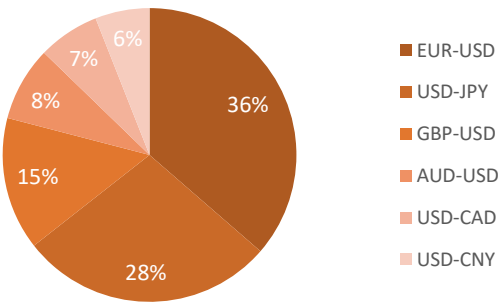
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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## DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 281.45
- JPY/PKR: 1.93

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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